



Lenten Reflections

Each year, the season of Lent invites us to embark on a journey of self-discovery and growth.

In 2026, strengthen your spirituality and your relationship with God by exploring scripture with Fr. Alan Sheldrick and others through Lenten Prayer, guided by the programme:

Our Hearts on Mission

Our Lenten light is refracted with Pope Leo's call to mission and his spiritual foundations in the writings of St Augustine.

Each week, one of four writers will have questions to ponder, quotations to set us thinking, and graphics to engage our eyes.

The diversity of voices gives us fresh insights into our Lenten tasks and our orientation for mission.



Locke • O'Beirne • Moore • Waddell

Fridays at 9:30am

Commencing Friday February 20th



HOUSE OF PRAYER
and Spirituality



**No set fee but your donation is always welcome!
Feel free to attend one session or all.**

Your registration of interest will assist our preparations.

E: houseofprayer@tsv.catholic.org.au

"At its heart, the journey of each life is a pilgrimage, through unforeseen places that enlarge and enrich the soul."

John O'Donohue



House of Prayer and Spirituality 17 Thomas Street, Pimlico

4728 9861