

Cumann Ghra Retreat Two 2025

*Cumann Ghra retreats are a gathering place for friendship and contemplation.
A time to explore faith and seek the mystery of God in our lives
through silence, creativity and conversation .*

**Our second 24 hour retreats is from 3-8 pm Saturday 24 May,
and 10am-3pm Sunday 25 May,
at The House of Prayer & Spirituality.**

Live-in accommodation is available if requested.

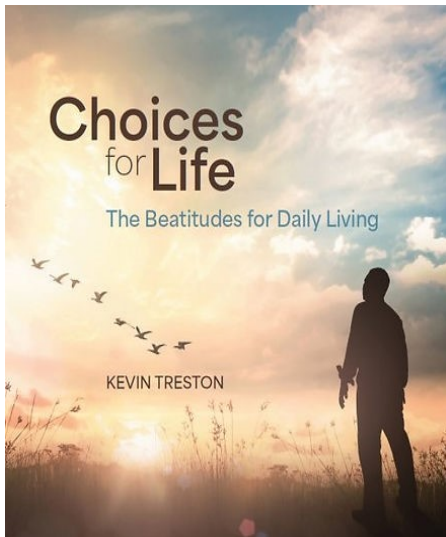
For bookings: houseofprayer@tsv.catholic.org.au 0747289861

Suggested donation \$60

As always the retreats are open to everyone - you would be most welcome.

The theme for our retreat reflections will focus on the two Beatitudes: **“Blessed are those who mourn, for they shall be comforted and Blessed are those who hunger and thirst for justice, for they shall be filled.”**

Pages 43 –53 (the retreat will be meaningful even if you have not read/reflected in advance).



This is the second retreat theme emerging from the book

‘Choices for Life: The Beatitudes for Daily Living’

by Kevin Treston

The Beatitudes are given as a series of paradoxes for holistic living, and offer a vision of what life could be. Kevin has written this series of reflections to allow our inner responses to emerge and lead us towards personal spiritual transformations. They invite us to explore how each one reflects something of the mystery of who God is and how we are connected with every living thing in Creation. Each reader is encouraged to locate the Beatitude within their own fields of consciousness and poses the question: Are the Beatitudes an impossible dream or are they life goals that we can aspire to with a gracious God leading us on?

The presenting team this year is:

Therese Duff, Marg Trevethan, Brianne Falconieri, Teresa O’Connor and Alan Sheldrick.

Take off your shoes! Be quiet and still! Give your soul time.